



Syllabus: Shamanic Soul's Path

Mary "Tyrte" Rooker ♦ (301) 891-1288 ♦ www.ShamanicSpring.com

Rev. 12/4/17

Shaman's Toolkit: Power Spots, Helping Spirits, & Journeys

Saturday, Jan. 6, 2018, 9:30 a.m.-5:30 p.m.

Access deep wisdom, guidance, and healing through a variety of shamanic methods! Shamans have lots of help from, and live connected to, their many assistants, especially the Ancestors and the rest of Nature, such as the land, plants, animals, elements, the seasons and cycles of death and rebirth, and more. We'll learn and explore the ancient, deep trance state of the shaman—the shamanic journey! If you can daydream, you can journey. No journey experience necessary.

The Soul's Psychic Toolkit

Saturday, Jan. 20, 2018, 9:30 a.m.-5:30 p.m.

Whether or not you think you are "psychic," you can discover your innate psychic skills, understand what drives them, and make a contract with them to better serve your true self and help you step more fully into your power. Class covers "clairs" (e.g., clairvoyance, clairaudience, etc.), spirit gates, antennae/feelers, truth bell, chakras, and more.

Soul Power: Hunt for Hidden Treasures

Saturday, Feb. 10, 2018, 9:30 a.m.-5:30 p.m.

We reclaim additional power when we tend to special blind spots that leave us feeling victimized or seeking "protection" from other people's "energies" or "psychic attack." Parts of us that we have placed "in the closet" or otherwise rejected were originally allies. We can befriend them again and unearth their gifts. Covers the nature and limits of "protection" as well as if, when, and what type of "protection" to employ. Real power is possible!

Soul-Self Restoration

Saturday, April 21, 2018, 9:30 a.m.-5:30 p.m.

Your own true, authentic soul-self is your first and most important ally: indeed, it's the real you. This true self is your oversoul, holding all lifetimes, and lives both inside and outside of your body. It holds your truest life agenda and purpose so that "you" become more truly you. We will ceremonially re-birth that Self and "re-member" the special gifts our souls brought into this lifetime.

The Soul's Body Toolkit, Part 1

Saturday, May 26, 2018, 9:30 a.m.-3:30 p.m.

We are a soul in a human body. This body comes with great tools: the ability to think and form stories, have feelings, form egoic identities, and more. When these tools became wounded or distorted by what we were taught or by traumas, we unconsciously created disempowering stories that led to dysfunctional beliefs and self-images. We set up habits, patterns, and ways of thinking that now limit our ability to live from our true selves and to manifest our spiritual gifts. A shamanic way of living is to become the observer of our thoughts, emotions, ego, and reactive states. This observer state allows us to reclaim these wonderful tools and realign them with our true selves so that we can step more fully into our power. This freedom is our birthright!

The Soul's Body Toolkit, Part 2

Saturday, July 7, 2018, 9:30 a.m.-5:30 p.m.

More practice with the Body Toolkit!

Soul Choice: Basic Cosmology & Culture

Saturday, Aug. 18, 2018, 9:30 a.m.-5:30 p.m.

What is a shamanic cosmology? How does it differ from contemporary religious and secular worldviews? What is the "proper place" or "right relationship" between us and the rest of Nature, the "Great Web," the cycles of seasons and death and rebirth, even the entire cosmos? How is cosmology connected to our beliefs and everyday lives? What does it mean to be fully human? What might "oneness" or "harmony" look like at the physical and spiritual levels?

Next Steps on the Path

Saturday, Sept. 29, 2018, 9:30 a.m.-5:30 p.m.

Initiations plus a special ceremony to experience even more deeply the beauty of our true selves.