



# Shamanic Practitioner's Path 2018: Syllabus

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- *March-October 2018, 10 weekends (3 of which include a Monday session)*
- *Plus three half-day practice clinics & two demos*
- *Totaling 186 hours of training + between-class practice*
- *\$3,000-\$1,200 sliding scale, in Takoma Park, MD*

## **Shamanic Healing Overview & Ethics**

Saturday-Monday, March 10, 11, 2018, 9:30 a.m.-5:30 p.m. March 12, 10:00 a.m.-6:00 p.m.

Saturday: What is the difference between a shaman and a shamanic practitioner? What is the shamanic view of illness and wellness and how is it evolving today? Sunday: What are the ethical implications of shamanic healing? Includes a brief overview of the administrative aspects of a healing practice, such as recordkeeping, licensing, insurance, and other forms.

## **Shamanic Mediumship & Ceremonial Skills**

Saturday & Sunday, March 31-April 1, 2018, 9:30 a.m.-5:30 p.m.

Learn the essential components of shamanic mediumship, ceremonies, and rituals to bring through healing power: solidifying your journey skills and cosmology, understanding helping spirits and other allies; calling up and merging with helping spirits; working with power objects, tools, containers, the Directions, and land spirits; and working with portals and fields/lands.

## **Medicine for the Earth: Transfiguration & Word Doctoring**

Saturday & Sunday, April 28-29, 2018, 9:30 a.m.-5:30 p.m.

Experience the power of Sandra Ingerman's brilliant and simple Medicine for the Earth "transfiguration" ceremony. Bring the miraculous healing power of transformation to polluted water, disaster areas, people—it works for everyone and everything.

## **Vibrational Healing ("Spiritual Light")**

Saturday & Sunday, May 19-20, 2018, 9:30 a.m.-5:30 p.m.

Vibrational healing is simple, ancient, and powerful. Includes Drum & Song Doctoring and healing with movement, crystals, color, and more.

## **Shamanic Healing Session Demo**

Saturday, June 2, 2018, 9:30 a.m.-12:30 p.m.

Healing sessions for students who wish to receive healing work from me or another seasoned practitioner or to witness the healing work. We will work on as many students as we can.

## **Shamanic Healing Practice Clinic**

Saturday, June 2, 2018, 1:30-5:30 p.m.

Outside clients are brought in to give students a chance to work either as a solo practitioner, a co-practitioner with another student, or as an assistant. You may also use this time to work on each other. I am available for questions, guidance, consultation, and debriefing after the clients have left. Set up and assignments start at 1:30; clients arrive at 2:00; healing sessions end by 4:00; debriefing from 4:00-5:30.

## **Extraction: Energy Blocks & Releasing Work Cosmology**

Saturday & Sunday, June 9-10, 2018, 9:30 a.m.-5:30 p.m.

Safely restore to their rightful place non-sentient forms that do not belong, a.k.a. "extraction": old rage or grief, intrusions, implants, other basic energy blocks. Examine assumptions about "negative" energies and beings, curses, and the dead to defuse these issues, allay and address any concerns about this important work, and navigate these aspects safely and with compassion and consciousness.

*[continued on reverse]*

## **Tending to the Dead: Releasing Spirits (“Psychopomp”)**

Saturday-Monday, June 30 &-July 1, 9:30 a.m.-5:30 p.m.; July 2, 2018, 10:00 a.m.-6:00 p.m.

Helping the dying and the wandering dead. For those dead who are attached to a living host, Betsy Bergstrom’s profound spirit release ("depossession") approach is unique in the healing afforded to the spirit crossing over. It’s also the most gentle, complete, and effective for the possessed client-host. Some depossession methods are scary; this one is beautiful.

## **Releasing Thoughtforms, Curses, Cords, & Hooks**

Saturday & Sunday, July 21-22, 2018, 9:30 a.m.-5:30 p.m.

How to release more of what does not belong so clients can re-member their soul's agenda & gifts: includes lifting obsessions, hooks, cords, spells, protection issues, and curses, whether personal, ancestral, cultural, or cosmological.

## **Shamanic Healing Session Demo**

Saturday, Aug. 4, 2018, 9:30 a.m.-12:30 p.m.

Healing sessions for students who wish to receive healing work from me or another seasoned practitioner or to witness the healing work. We will work on as many students as we can.

## **Shamanic Healing Practice Clinic**

Saturday, Aug. 4, 2018, 1:30-5:30 p.m.

Outside clients are brought in to give students a chance to work either as a solo practitioner, a co-practitioner with another student, or as an assistant. You may also use this time to work on each other. I am available for questions, guidance, consultation, and debriefing after the clients have left. Set up and assignments start at 1:30; clients arrive at 2:00; healing sessions end by 4:00; debriefing from 4:00-5:30.

## **Soul Retrieval & Other Restoring Work, Part 1**

Saturday-Monday, Aug. 25-26, 9:30 a.m.-5:30 p.m., Aug. 27, 10:00 a.m.-6:00 p.m.

Restoring what belongs, vital essence and power that has been lost, stolen, or forgotten, hidden, or numbed out. Includes retrieving the client's Helping Spirit and lost Power Objects.

## **Soul Retrieval & Other Restoring Work, Part 2**

Saturday & Sunday, Sept. 15-16, 2018, 9:30 a.m.-5:30 p.m.

Follow up is critical to any healing work. Support clients to shift their beliefs and reconnect to their true soul-self, rightful place, tribe, rest of nature, web, and the cycles of nature and death and rebirth.

## **Shamanic Healing Practice Clinic**

Sunday, Sept. 23, 2018, 1:30-5:30 p.m.

Outside clients are brought in to give students a chance to work either as a solo practitioner, a co-practitioner with another student, or as an assistant. You may also use this time to work on each other. I am available for questions, guidance, consultation, and debriefing after the clients have left. Set up and assignments start at 1:30; clients arrive at 2:00; healing sessions end by 4:00; debriefing from 4:00-5:30.

## **Wrap Up & Initiations**

Saturday & Sunday, Oct. 6-7, 2018, 9:30 a.m.-5:30 p.m.

Closing cosmology considerations, initiations, and ceremony.

## **Back Up Snow Day**

Saturday & Sunday, Nov. 3-4, 2018, 9:30 a.m.-5:30 p.m.

Please reserve this weekend in case weather causes us to cancel a class earlier in the year.