



Shamanic Practitioner Program 2021: Syllabus

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- *All online; 3-hour orientation + five Wednesday-through-Sunday sessions*
- *\$4,000-\$1,250 sliding scale, in Takoma Park, MD*
- *Prerequisites: (1) journey skills and (2) completion of basic training with any of the authorized instructors listed under Everyday Shamanism for Everyone!*
- *Totals 200 hours of training in addition to between-class practices*
- *Includes initiations and supervised practice healing sessions*
- *Graduates are eligible for client referrals and other advanced workshops*

Orientation

Saturday, April 24, 2021; 2:00-5:00 pm

Undecideds may attend if they have filled out the application. Overview of program, logistics, and basics as well as a chance to meet each other and get a feel for me as a teacher. Covers some basics like what a shaman is and isn't and the difference between a shaman and a shamanic practitioner.

Shamanic Healing Overview, Cosmology, Ethics, Vibrational Healing

Wednesday-Sunday: April 28-May 2, 2021, 9:30 a.m.-5:30 p.m.

What is the shamanic view of illness and wellness and how is it evolving today? Includes the components of shamanic cosmology, mediumship, ceremonies, rituals, and personal work to bring through healing power: calling up and merging with helping spirits; working with power objects, tools, containers, the Directions, and land spirits; and working with portals and fields/lands. Includes a full day on ethical implications of shamanic healing. Learn vibrational healing—simple, ancient, and powerful. Also covers administrative aspects, such as recordkeeping, licensing, insurance, and other forms.

Soul Retrieval & Other Restoring Work

Wednesday-Sunday, Sept. 22-26, 2021; 9:30 a.m.-5:30 p.m.

Restoring what belongs, vital essence and power that has been lost, stolen, or forgotten, hidden, or numbed out. Includes retrieving the client's Helping Spirit and lost Power Objects. Includes the essential follow up, which is critical to any healing work. Support clients to shift their beliefs and reconnect to their true soul-self, rightful place, tribe, rest of nature, web, and the cycles of nature and death and rebirth.

Releasing Work: Extracting Energy Blocks, Curses, & Hooks

Wednesday-Sunday, March 23-27, 2022; 9:30 a.m.-5:30 p.m.

Safely release from the client's body and restore to their rightful place elsewhere non-sentient forms that are where they do not belong, a.k.a. "extraction". These basic energy blocks include old rage or grief, intrusions, and more. Also covers how to clear "implants" and unravel curses. Includes lifting obsessions, hooks, cords, spells; safely handling protection issues and curses, whether personal, ancestral, or cultural.

Releasing Work: Tending to the Dead

Wednesday-Sunday, June 22-26, 2022; 9:30 a.m.-5:30 p.m.

Helping the dying and the wandering dead. For those dead who are attached to a living host, Betsy Bergstrom's profound spirit release ("depossession") approach is unique in the healing afforded to the spirit crossing over. It's also the most gentle, complete, and effective for the possessed client-host. Some depossession methods are scary; this one is beautiful.

Cosmology, the Spirit Wheel, Healing for Other than Humans

Wednesday-Sunday, Sept. 21-25, 2022; 9:30 a.m.-5:30 p.m.

Clarify your cosmology and understand principles of Spirit Wheels (aka "Medicine Wheel" or "Sacred Hoop"). Also understand how to apply all previously learned modalities to those not human, such as other animals, plants, elements, etc.