



Shamanic Practitioner's Path 2019: Tentative Syllabus

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- *May-November 2019, 5 two-day weekends + 2 three-day weekends + 2 four-day)*
- *Plus three half-day practice clinics & two demos*
- *Totaling 200 hours of training + between-class practice*
- *\$3,000-\$1,200 sliding scale, in Takoma Park, MD*

Orientation

Saturday, May 4, 2019, 9:30 a.m.-12:30 p.m.

Shamanic Healing Overview, Principles, & Ethics

Saturday-Monday, May 18-19, 2019, 9:30 a.m.-5:30 p.m.; May 20, 10:00 a.m.-6:00 p.m.

What is the difference between a shaman and a shamanic practitioner? What is the shamanic view of illness and wellness and how is it evolving today? Includes the essential components of shamanic mediumship, ceremonies, and rituals to bring through healing power: solidifying your journey skills and cosmology, understanding helping spirits and other allies; calling up and merging with helping spirits; working with power objects, tools, containers, the Directions, and land spirits; and working with portals and fields/lands. One day is just for the ethical implications of shamanic healing. Includes a brief overview of the administrative aspects of a healing practice, such as recordkeeping, licensing, insurance, and other forms.

Medicine for the Earth & Vibrational Healing ("Spiritual Light")

Thursday-Sunday, June 6-7, 2019, 10:00 a.m.-6:00 p.m.; June 8-9, 2019, 9:30 a.m.-5:30 p.m.

Experience the power of Sandra Ingerman's brilliant and simple Medicine for the Earth "transfiguration" ceremony. Bring the miraculous healing power of transformation to polluted water, disaster areas, people—it works for everyone and everything. Vibrational healing is simple, ancient, and powerful. Includes Drum & Song Doctoring and healing with movement, crystals, color, and more.

Extraction: Energy Blocks & Releasing Work Cosmology

Saturday & Sunday, June 29-30, 2019, 9:30 a.m.-5:30 p.m.

Examine assumptions about "negative" energies and beings, curses, and the dead to defuse these issues, allay and address any concerns about this important work, and navigate these aspects safely and with compassion and consciousness. Safely restore to their rightful place non-sentient forms that do not belong, a.k.a. "extraction": old rage or grief, intrusions, implants, other basic energy blocks.

Shamanic Healing Practice Clinic: Vibrational Healing & Extraction

Saturday, July 13, 2019, 9:30-3:30 p.m.

Outside clients are brought in to give students a chance to work either as a solo practitioner, a co-practitioner with another student, or as an assistant. You may also use this time to work on each other. I am available for questions, guidance, consultation, and debriefing after the clients have left. Set up and assignments start at 9:30; first round of clients arrive at 10:00, end at noon; lunch break till 1:00; second round of clients arrive at 1:00, end at 3:00; debriefing from 3:00-3:30.

Shamanic Healing Session Demo

Saturday, July 13, 2019, 3:30-5:30 p.m.

Healing sessions for a student who wishes to receive healing work from me or another seasoned practitioner or to witness the healing work.

Tending to the Wandering Dead: Releasing Spirits ("Psychopomp")

Saturday-Sunday, July 20-21, 2019, 9:30 a.m.-5:30 p.m.

Helping the dying and the wandering dead.

Tending to the Attached Dead: Releasing Spirits (“Depossession”)

Saturday-Monday, Aug. 24-25, 2019, 9:30 a.m.-5:30 p.m.; Aug. 26, 10:00 a.m.-6:00 p.m.

For those dead who are attached to a living host, Betsy Bergstrom’s profound spirit release (“depossession”) approach is unique in the healing afforded to the spirit crossing over. It’s also the most gentle, complete, and effective for the possessed client-host. Some depossession methods are scary; this one is beautiful.

Clearing Thoughtforms, Curses, Cords, & Hooks; Accessing Resiliency

Saturday & Sunday, Sept. 14-15, 2019, 9:30 a.m.-5:30 p.m.

How to release more of what does not belong so clients can re-member their soul's agenda & gifts: includes lifting obsessions, hooks, cords, spells, protection issues, and curses, whether personal, ancestral, cultural, or cosmological.

Shamanic Healing Practice Clinic: Releasing Spirits & Curses

Saturday, Sept. 21, 2019, 9:30-3:30 p.m.

Outside clients are brought in to give students a chance to work either as a solo practitioner, a co-practitioner with another student, or as an assistant. You may also use this time to work on each other. I am available for questions, guidance, consultation, and debriefing after the clients have left. Set up and assignments start at 9:30; first round of clients arrive at 10:00, end at noon; lunch break till 1:00; second round of clients arrive at 1:00, end at 3:00; debriefing from 3:00-3:30.

Shamanic Healing Session Demo

Saturday, Sept. 21, 2019, 3:30-5:30 p.m.

Healing sessions for a student who wishes to receive healing work from me or another seasoned practitioner or to witness the healing work.

Soul Retrieval & Other Restoring Work

Saturday-Tuesday, Oct. 5-6, 2019, 9:30 a.m.-5:30 p.m.; Oct. 7-8, 10:00 a.m.-6:00 p.m.

Restoring what belongs, vital essence and power that has been lost, stolen, or forgotten, hidden, or numbed out. Includes retrieving the client's Helping Spirit and lost Power Objects.

Shamanic Healing Practice Clinic: Soul Retrieval, Restoring Work

Saturday, Oct. 19, 2019, 9:30-3:30 p.m.

Outside clients are brought in to give students a chance to work either as a solo practitioner, a co-practitioner with another student, or as an assistant. You may also use this time to work on each other. I am available for questions, guidance, consultation, and debriefing after the clients have left. Set up and assignments start at 9:30; first round of clients arrive at 10:00, end at noon; lunch break till 1:00; second round of clients arrive at 1:00, end at 3:00; debriefing from 3:00-3:30.

Shamanic Healing Session Demo

Saturday, Oct. 19, 2019, 3:30-5:30 p.m.

Healing sessions for a student who wishes to receive healing work from me or another seasoned practitioner or to witness the healing work.

Soul Retrieval Wrap-Up & Reconnecting Work

Saturday & Sunday, Nov. 2-3, 2019, 9:30 a.m.-5:30 p.m.

Follow up is critical to any healing work. Support clients to shift their beliefs and reconnect to their true soul-self, rightful place, tribe, rest of nature, web, and the cycles of nature and death and rebirth.

Wrap Up & Final Initiations

Saturday & Sunday, Nov. 16-17, 2019, 9:30 a.m.-5:30 p.m.

Closing cosmology considerations, initiations, and ceremony.