



Shamanic Practitioner's Program 2019-2020: Syllabus

Mary "Tyrle" Rooker ♦ (301) 891-1288 ♦ tyrtle@ShamanicSpring.com

Rev. 2/10/19

- *May 2019-Nov. 2020, five Wednesday-through-Sunday sessions, in Takoma Park, MD*
- *Sliding Scale, \$750-\$250 per session; \$3,750-\$1,250 for all five (plus ~\$110 for optional June outing)*
- **Prerequisites:** *(1) journey skills and (2) completion of basic training with any of the authorized instructors listed under Everyday Shamanism for Everyone!*
- *Totals 200 hours of training in addition to between-class practices*
- *Includes initiations and supervised practice clinics with live clients*
- *Graduates are eligible for client referrals and advanced workshops*

Orientation

Saturday, May 4, 2019, 1:00 p.m.-5:00 p.m.

Undecideds are welcome to attend if they have filled out the application. Overview of program, logistics, and basics as well as a chance to meet each other and get a feel for me as a teacher. Covers basics, like what a shaman is and isn't and the difference between a shaman and a shamanic practitioner.

Shamanic Healing Overview, Ethics, & Vibrational Healing

Wednesday-Sunday: May 15-19, 2019; Wednesday-Friday, 10:00 a.m.-6:00 p.m.; Saturday and Sunday, 9:30 a.m.-5:30 p.m.

What is the shamanic view of illness and wellness and how is it evolving today? Includes the essential components of shamanic cosmology, mediumship, ceremonies, rituals, and personal healing work to bring through healing power: solidifying your journey skills and cosmology, understanding helping spirits and other allies; calling up and merging with helping spirits; working with power objects, tools, containers, the Directions, and land spirits; and working with portals and fields/lands. Includes a full day just for the ethical implications of shamanic healing. Also gives a brief overview of the administrative aspects of a healing practice, such as recordkeeping, licensing, insurance, and other forms. We start healing with the simple, ancient, and powerful vibration ("spiritual light") modality, which includes Drum & Song Doctoring and healing with movement, crystals, color, and more.

Optional Outing: Forest Bathing, Utisetta, and Stone Baths

Wednesday, June 12, 2019, Noon-Friday, June 14, Noon: Utisetta

Friday, June 14, Noon-Saturday, June 15, 5:00 p.m.: Stone Baths

Location: Camp Ramblewood, Darlington, MD; extra fee required

Choose either a "forest bath", Utisetta ("sitting out", aka mini-vision quest, Norse-style), or a Stone Bath (Germanic "sweat lodge"). You can also do all three!

Soul Retrieval & Other Restoring Work

Wednesday-Sunday, Oct. 16-20, 2019; Wednesday-Friday 10:00 a.m.-6:00 p.m.; Saturday & Sunday, 9:30 a.m.-5:30 p.m.

Restore what belongs, vital essence and power that has been lost, stolen, or forgotten, hidden, or numbed out. Includes retrieving the client's Helping Spirit and lost Power Objects plus the follow up so critical to this healing work. Support clients to shift their beliefs and reconnect to their true soul-self, rightful place, tribe, rest of nature, web, and the cycles of nature and death and rebirth.

Tending to the Dead--Psychopomp, Depossession

Wednesday-Sunday, March 18-22, 2020; Wednesday-Friday 10:00 a.m.-6:00 p.m.; Saturday & Sunday, 9:30 a.m.-5:30 p.m.

Safely restore to their rightful place sentient forms that are dead and no longer belong here, a.k.a. "psychopomp" and "depossession". For those dead who are attached to a living host, Betsy Bergstrom's profound spirit release ("depossession") approach is unique in the healing afforded to the spirit crossing over. It's also the most gentle, complete, and effective for the possessed client-host. Some depossession methods are scary; this one is beautiful.

Releasing Work: Extracting Energy Blocks, Curses, & Hooks

Wednesday-Sunday, July 15-19, 2020; Wednesday-Friday 10:00 a.m.-6:00 p.m.; Saturday & Sunday, 9:30 a.m.-5:30 p.m.

Safely release from the client's body and restore to their rightful place elsewhere those non-sentient forms that are where they do not belong, a.k.a. "extraction". These forms include basic energy blocks like old rage or grief, intrusions, obsessions, hooks, cords, implants, curses, and spells. Safely handle protection issues and curses, whether personal, ancestral, cultural, or cosmological.

Medicine for the Earth, Cultural Trance Awakening, Wrap Up

Wednesday-Sunday, Oct. 14-18, 2020; Wednesday-Friday 10:00 a.m.-6:00 p.m.; Saturday & Sunday, 9:30 a.m.-5:30 p.m.

Experience the power of Sandra Ingerman's brilliant and simple Medicine for the Earth "transfiguration" ceremony. Bring the miraculous healing power of transformation to polluted water, disaster areas, people—it works for everyone and everything. This final session includes extra clinics with live clients. Closing cosmology considerations and cultural trance awakening, power song circle share, initiations, and closing ceremony.